

INDEPENDENT LIVING ASSOCIATION QUARTERLY

It is hard to believe the end of Summer is almost here! Continue reading for some important and exciting updates from the ILA.

[Visit our Website](#)

Upcoming Events

- ILA Education, Resources, and Networking with SDG&E and Legal Shield on August 25, 2017, 9:00 am - 12:00 pm
- ILA Business Development Course "Communication & Understanding: Best Practices for IL Owners and Resident Assistants" on September 8, 2017, 9:30 am - 12:30 pm
- North County PRAT Meeting on September 12, 2017, 12:00 pm - 1:00 pm
- Central PRAT Meeting on September 19, 2017, 11:00 am - 12:00 pm.
- ILA Introduction to IL Operations on October 13, 2017, 9:15 am - 4:00 pm



RSVP for these events on our [website](#) or by emailing info@ilasd.org or call (858) 609-7972



Welcome New ILA Members!

Please give a warm welcome to our new ILA members: Nina's Comfort Keepers, 8 West, Agape Independent Living, Anadela's Sweet Home, Annie's 2, Bright Stay Independent Living, CS Independent Living, Guardian Care, South Sunshine Independent Living, and Haven Homes I.

Do you know an IL owner who is not a member of the ILA? Please tell them about the benefits of joining and have them contact us if they have questions or would like to start the process of becoming a member!

info@ilasd.org
(858) 609 - 7965

Member Homes: 69

Applicant Homes: 14

Beds: 609

91% of homes provide meals

59% of homes have an RA or Owner living on-site

62% of homes are co-ed

19% of homes are male only

19% of homes are female only



ILA Member Spotlight - Casa de Vista



Independent Living Association (ILA) members William and Luz Westendorf bring a vibrant and caring spirit to their Independent Living home of Casa de Vista. As a former licensed administrator for a Residential Care Facility for the Elderly (RCFE), Luz uses her background in this field to help William operate his beautiful home in North San Diego County. In addition to his Independent Living, William runs his own wholesale retail health food business and also used to do some work with the Chamber of Commerce in Vista, so he brings valuable business sense to the home's operations.

William and Luz found the ILA through a simple Internet search. She was looking for ways to make a difference in the community and the ILA website came up as a search result. Luz always enjoyed and loved making a difference through her work with the RCFE, and the ILA stood out to her from all of the other ways she could help the community. William had a house and the space to take in residents, so they signed up for the ILA's Introduction to Independent Living Operations course, and the rest was history.

Their favorite part about being Independent Living owners is being able to help their residents lead independent lives. Luz sees herself as a guide for the residents in leading them on the right path toward recovery: "I'm so pleased that they are happy". Both William and Luz like to do outdoor activities in their free time, and they often take the residents out for walks on the hiking trail behind the house. They also enjoy conversing with the residents as they gather in the kitchen for mealtimes: "there is a lot of conversation about anything and everything".

As new ILA members, William and Luz have been enthusiastic participants in the ILA's educational courses. Luz asserts that it is always good to learn new things, and "we can never learn enough".

For more information on Casa de Vista, please visit the home's profile on the ILA Directory at www.ilasd.org/listings/casa-de-vista/.

Announcements

The County of San Diego is investigating a large outbreak of Hepatitis A virus infections disproportionately affecting homeless and illicit drug-using individuals in all regions of San Diego County. We are reaching out to our members who may be serving homeless and/or illicit drug users to share with you important information provided by the Health and Human Services Agency (HHSA) and the Department of Environmental Health to prevent the spread of the Hepatitis A infection.

Please take time to visit the [County's Hepatitis A website](#) where you will find updated information regarding the Hepatitis A Outbreak, Hep A Fact Sheets in five different languages: [English](#), [Spanish](#), [Chinese](#), [Arabic](#) and [Vietnamese](#) and other information. Also, here is the most recent [Hepatitis A press release](#), [Hep A FAQs](#), [CAHAN](#), [Hep A Infection prevention and control handout](#) and video of Hep A education while walking with homeless man in downtown San Diego, [Tony learns about the Hepatitis A outbreak in San Diego](#).



**Protect yourself
from Hepatitis A**

**Get vaccinated and
wash your hands after using
the restroom and before eating.**

San Diego is in the midst of a Hepatitis A outbreak.
Call 2-1-1 to find a vaccine clinic near you.





The San Diego Housing Commission (SDHC) provides incentives to landlords with rental properties in the City of San Diego who rent to homeless families and individuals. The ILA is partnering with the SDHC to highlight ILA beds in the 921XX zip code! Therefore, the SDHC is helping you get your beds filled and the service provider agency will pay for that person's rent.

Many of you have already heard about the program - please remember that if you want to participate we need you to send us your vacant bed information each week! Please reach out to ILA Operations Manager Elana Soltz if you have questions at esoltz@sdchip.org or (858) 609-7965.

The ILA website is now mobile-friendly! Visit www.ilasd.org today and browse the site and the Directory from the comfort and convenience of your mobile phone or other mobile devices!

www.ilasd.org



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Funded by the County of San Diego Health and Human Services Agency's Behavioral Health Services through the Mental Health Services Act.

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