

SAN DIEGO INDEPENDENT LIVING ASSOCIATION QUARTERLY

Happy New Year! Thank you to all of our members and community partners for a fantastic 2017. The San Diego ILA looks forward to working with you all in the coming year. Continue reading for a look ahead at a few upcoming events in 2018 and some other important announcements!

Visit our Website

Upcoming Events

- "Leveraging No Smoking Policies For Marijuana Control", a **free** event hosted by the San Diego Tobacco Control Coalition and the San Diego County Apartment Association on **Wednesday, January 10, 2018**, 10:00 am - 12:00 pm. Register [here](#).
- ILA Business Development Course "**Retention and Eviction**" on **Friday, January 12, 2018**, 9:30 am - 12:30 pm*
- ILA Introduction to IL Operations on **Friday, February 9, 2018**, 9:15 am - 4:00 pm

RSVP for ILA events on our [website](#) or by emailing info@ilasd.org or call (858) 609-7972

***open to full ILA Members only**



Welcome New ILA Members!

Please give a warm welcome to our newest ILA members: **Hilltop Independent Living, J&J Independent Livings, ROOTED.Life 2, and A Harmony House.**

Do you know an IL owner who is not a member of the ILA? Please tell them about the benefits of joining and have them contact us if they have questions or would like to start the process of becoming a member!

info@ilasd.org
(858) 609 - 7965

Current San Diego ILA Statistics

Member Homes: 71
Applicant Homes: 10
Beds: 630

90% of homes provide meals
56% of homes have an RA or Owner living on-site
63% of homes are co-ed
20% of homes are male only
17% of homes are female only



San Diego ILA Member Resources

The ILA is pleased to welcome [AV Maintenance](#) as a participant in the ILA Member Incentives Program! Mary and her team specialize in residential and janitorial cleaning services and they are offering discounts to **full ILA Members** on certain cleaning services for ILA Member homes. Members, please log on to the ILA website to access the Member Resources page for more information. The New Year is a perfect time to clean up and start fresh - don't miss out on this valuable resource! Contact Sarah Swain at sswain@sdchip.org or (858) 609-7972 with questions about member resources.

2nd Annual San Diego ILA Holiday Party and Networking Event

On December 6, 2017, the San Diego Independent Living Association held its second annual holiday party and networking event. ILA members, applicants, potential members, the ILA Peer Review Accountability Team, and organizational partners gathered at the San Diego Foundation to celebrate another great year of growth in quality Independent Livings in San Diego County. It was a great opportunity to catch up with old friends and make new connections in the Independent Living community.

The ILA provided refreshments and an art project to help get everyone in the mindset of what a home means, as well as our wishes for this holiday season. After decorating their wishes and thought notes, everyone secured them to the ILA holiday board to share with everyone there. Our guests got a chance to get comfortable, socialize, and get refreshments, then the ILA staff had a silly and educational trivia game for everyone to take part in. Questions in the trivia game ranged from figuring out ILA staff names to educating attendees on the foundation and history of the San Diego ILA.

The ILA thanks everyone who was able to join us for our holiday party and offer our holiday greetings to those who were unable to make it this year. All of our members and partners add to our holiday cheer and we hope everyone takes time out of their busy personal and professional lives to enjoy, recognize and celebrate themselves and the hard work they do each and every day.

Thank you and we wish everyone a happy and healthy New Year!



ILA Member Spotlight - Agape Independent Living

Linda Aquino has always been drawn to helping others, and opening an Independent Living home of her own seemed like the perfect opportunity



to do exactly that. Linda grew up in The Philippines and moved to the United States where she received a Master's Degree in Healthcare Administration. This experience showed her that there are many people in need of stable and supportive housing, something that Independent Livings can provide. She and her husband used to volunteer to help the homeless, which also gave them an understanding of the needs of this vulnerable population.

After purchasing the house, Linda wasn't sure where to start, until she heard about the Independent Living Association. Linda searched for the ILA online, found the website, saw the impressive list of member homes, and knew this was something she wanted to be a part of. She signed up for the Introduction to Independent Living Operations course, and was on her way to becoming an ILA member.

"We want to do it right", says Linda, recognizing there are some undesirable and poorly maintained Independent Living homes out there. Linda is grateful to have the ILA's trainings and resources to help her operate a successful home and "give people a decent place to live; a clean environment, a safe place." She has been enjoying the trainings and says having her home listed on the ILA's Online Directory has been a huge help in getting residents placed in her home.

In addition to owning and running Agape Independent Living, Linda works full-time in the financial services industry. Both of these jobs keep her very busy, but when she does have free time she likes to read. You can also find her at the Agape home talking to the residents and getting to know them, something she greatly enjoys.

For more information on Agape Independent Living, please visit the home's profile on the San Diego ILA Directory at ilasd.org/listings/agape-independent-living/.

Announcements



Flu season is well under way! Stay healthy this year and take precautions to protect yourself and others from getting sick. Visit the County's [website](#) for flu updates, information on how to avoid the flu and for flu vaccination information.

The County of San Diego is still investigating a large outbreak of Hepatitis A virus infections disproportionately affecting homeless and illicit drug-using individuals in all regions of San Diego County. The ILA is reaching out to our members who may be serving homeless and/or illicit drug users to share with you important information provided by the Health and Human Services Agency (HHS) and the Department of Environmental Health to prevent the spread of the Hepatitis A infection.



Protect yourself from Hepatitis A

Get vaccinated and wash your hands after using the restroom and before eating.

San Diego is in the midst of a Hepatitis A outbreak. Call 2-1-1 to find a vaccine clinic near you. HHS A 2017



The San Diego Housing Commission (SDHC) provides **incentives** to landlords with rental properties in the City of San Diego who rent to homeless families and individuals. The ILA is partnering with the SDHC to highlight **ILA beds in the 921XX zip code!** The SDHC is helping you get your beds filled; the service provider agency will pay for a qualifying resident's rent.

Many of you have already heard about the program - please remember that if you want to participate we need you to send us your vacant bed information each week! Please reach out to Elana Soltz if you have questions at esoltz@sdchip.org or (858) 609-7965.

The ILA website is mobile-friendly! Visit www.ilasd.org today and browse the site and the Directory from the comfort and convenience of your mobile phone or other mobile devices!



COMMUNITY HEALTH
IMPROVEMENT PARTNERS
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**Independent
Living Association**

by Community Health Improvement Partners



Funded by the County of San Diego Health and Human Services Agency's Behavioral Health Services through the Mental Health Services Act.

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