

The Independent Living Association (ILA) supports Independent Living (IL) owners, residents and the community by promoting high quality Independent Livings. In the seventh year of the program, the ILA focused on a number of important components, including:

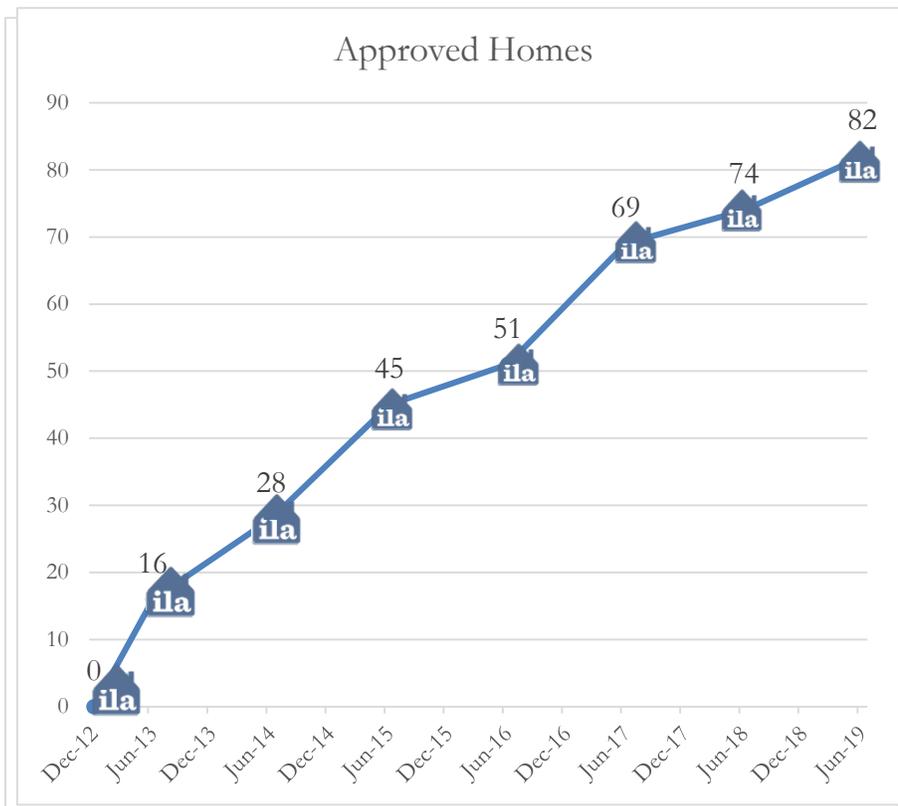
- **Increase the Number of Independent Livings that meet the Quality Standards.**
- **Expand the Impact of the ILA.**
- **Operate a valued ILA Directory.**
- **Support the Process to become an ILA Member Home.**
- **Conduct Education and Training.**
- **Engage in Advocacy/Systems Change.**

**OVERVIEW**

This evaluation summary relies on multiple methods, both quantitative and qualitative, including community meetings, data on website use patterns using Google Analytics, observations during Peer Review and Accountability (PRAT) inspections, pre- and post-tests to measure knowledge gained through the training courses, participant evaluations of the training courses and a review of program documents and progress reports.

**EVALUATION FINDINGS**

The ILA evaluation found that all the components of the project have been implemented successfully and on schedule. Stakeholders who partner with the ILA as members, residents, or community members report the benefit of the ILA to their work and in achieving recovery.



**ILA Membership.**

As of June 2019, the ILA had 82 approved members listed in the online directory, representing 722 beds; with 20 pending member applicants. This represents a significant and steady increase in member homes from the project inception and a 10% increase in member homes over FY 17/18. A total of 9 homes closed or were removed from the registry in FY 18/19, reflecting the value of the quality standards and the importance of ongoing inspections and trainings to ensure quality housing options for IL home residents.

## **ILA Directory.**

With the increase in member homes over the last fiscal year, the ILA also saw an increase in the number of available beds, from 649 to 722. The continued growth of the ILA drove a 25% increase in users of the [www.ilasd.org](http://www.ilasd.org) website. This reflects ongoing year over year increases and a low Bounce Rate (the proportion of users who view only one page on the website and leave).

Based on focus groups and information from an on-line survey, users find the content and structure of the ILA Online Directory valuable and easy to navigate.

## **Quality Standards & PRAT.**

The ILA Quality Standards, including attributes, indicators, and an inspection checklist, were developed by the Independent Living Association Advisory Committee and are updated regularly. These Quality Standards are the recommended best practices for Independent Livings. ILA Members must adhere to the all of the ILA Quality Standards.

The ILA Peer Review Accountability Team (PRAT) is a group that consists of owners, residents and CHIP staff that determine each Independent Living Homes' adherence to the Quality Standards and provide individualized coaching to help owners to improve their business. The ILA developed, and continues to refine the PRAT process by incorporating best practices as well as feedback from owners, residents and community stakeholders. In FY 2018/19, The ILA revised the Quality Standards and PRAT checklist to reflect the continuing evolution and learning from members and Independent Living residents.

## **Education and Training.**

In Fiscal Year 18/19, the ILA conducted formal owner training courses serving participants across San Diego County. Based on their evaluations, training participants were very satisfied with the course content and trainers, increased their knowledge, and all participants unanimously reported that they would recommend the ILA trainings to others.



## **EXPANSION OF THE INNOVATIVE ILA MODEL**

### **Alameda County Expansion.**

The ILA initiative has been recognized as a critical resource that provides access to quality shared housing and has been replicated in Alameda County, which can be found at <https://alamedacountyila.org/>.

### **Fresno County Expansion.**

The ILA initiative has also been expanded to Fresno County.

### **Recovery Residence Association (RRA).**

This fiscal year, 2018/19, saw a transformation of the substance use disorder system in San Diego as the County implemented its Drug Medi-Cal waiver plan that emphasizes evidence based practice in substance use disorder treatment, which is prioritized by medical necessity criteria. This shift included the replication of the ILA model and formed the Recovery Residence Association in 2018/19, which can be found at [www.rrasd.org](http://www.rrasd.org).

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