

INDEPENDENT LIVING

HOUSE RULES

General House Rules

1. No smoking inside facility
2. No illegal drugs/alcohol in or around facility.
3. No stealing or destruction of property.
4. Pets are **NOT** allowed.

Chores and Responsibilities

5. Residents are expected to make up their own bed daily.
6. Residents are expected to do their own laundry weekly.
7. Residents are expected to follow weekly chore list posted in the kitchen.
8. Residents are expected to maintain proper **hygiene (i.e. take showers regularly, brush teeth daily)**.

Meals and Food

9. Label all personal food with your name.
10. All dishes must be washed after use.
11. Residents receive breakfast daily, served continental style.
12. Food will be placed in your individual cubbies so that you can prepare your own snacks/dinner.
13. Snacks are available
14. Eating is allowed only in the kitchen and living room.

Visiting Hours

15. Residents are responsible for the actions of their guests.
16. Visiting hours are from 12 pm until 6pm in the living room and outside in the yard. **NO visitors in the bedrooms.**
17. No overnight guests are permitted.

Medication Management and Medical Emergencies

18. Independent Living requires all residents to fill out Behavioral Health Emergency Response Plan (ERP).
19. Every tenant is responsible for his/her medication and contacts with their doctors.
20. If owner/RA is not on site, contact him/her at 619) 572-7590, if you are unable to reach call please call 9-1-1.

Earthquake/Fire/Disasters

- 21. In case of earthquake/fire/other natural disasters, residents will leave the house immediately through the nearest exit. Move away from the house and use a cell phone neighbor's phone to call 9-1-1.
- 22. In case of fire, call 9-1-1.

Pest Prevention

- 23. Prior to moving belongings into their shared space, all new residents are required to wash all clothing and other items.
- 24. Owner/RA will inspect all clothing, bedding and other washable items before resident is permitted to move into his/her space.
- 25. If at any point you think you may have bed bugs, inform owner/RA immediately so that they can begin treating the problem.

Professional Conduct and Behavior

BM Quality Living House is a group of adults living as a family.

- 26. Residents are expected to treat each other like family, with dignity and respect at all times.
- 27. Abuse and harassment will not be tolerated.
- 28. No sexual conduct within facility.
- 29. No fighting or abusive language.
- 30. **No swimming or entering pool area/pool off limits** Rules Violation

All residents are expected to follow House Rules while residing at this Independent Living House. A copy of these rules is posted in the living room hallway for your convenience. Breaking any of the house rules may result in an immediate notice to vacate the premises.

Grievance/Complaint Procedures

Grievances and complaints may be brought to owner/RA either verbally or in writing. The owner/RA will respond to the grievance or complaint within one week. If the issue is still not resolved, owner/RA will inform resident of the recommended actions.

I, the undersigned, agree to these house rules and have received a copy for my records.

X _____
Tenant Signature

X _____
Date