

# RIZPAH'S/BLYND ESSENCE RESIDENTIAL TENANCY INDEPENDENT LIVING HOUSE RULES

## General House Rules:

1. No smoking inside Rizpah's/Blynd Essence Home ( Outside/backyard Designated smoking area)
2. No illegal drugs or alcohol in or around Rizpah's/Blynd Essence Home.
3. No stealing or destruction of property.
4. No violence or possession/use of weapons including, but not limited to, guns or explosives in or around Rizpah's/Blynd Essence Home.
5. Pets are not allowed.
6. No visitors allowed in the gated pool area.
7. Tenant has access to the onsite swimming pool during the hours 7am – 9pm.
8. Tenant is required to shower/rinse off prior to entering the pool.

## Chores and Responsibilities

9. Tenants are expected to make up his own bed daily.
10. Tenants are expected to do his laundry weekly following the posted Laundry Schedule.
11. Tenants are expected to follow weekly chore list posted in the kitchen.
12. Tenants are expected to maintain proper hygiene (take showers regularly and brush teeth daily).
13. Tenants are required to recycle trash by placing items in the labeled bins.
14. Tenants are required to set out front the trash bins each Wednesday morning by 7am.

## Meals and Food

15. Label all personal food with your name.
16. All dishes must be washed after use.
17. Tenants receive 1 served meal per day and 2 Self-served meals per day.
18. Meals will be served at the following times:
  - Breakfast: self-serve 6am – 9am (Coffee, Milk, Juice, bottle water, cold & hot cereal, bread, eggs, etc.)
  - Lunch: self-serve 12 noon – 2pm (Peanut butter & jelly, lunch meat & cheese, bread, milk, bottled water, etc.)
  - Dinner: **Served**  
5pm – 7pm
19. Snacks/Fruit are available all day.
20. **Eating is allowed only in the kitchen, dining rm and Family room.**

## Visiting Hours

21. Tenants are responsible for the actions of their guests.
22. Guest visiting hours are from **9am – 8pm.**
23. No Overnight Guests are permitted.

### **Medication Management & Medical Emergencies**

24. Rizpah's/Blynd Essence management requires all tenants to fill out the Behavioral Health Emergency Response Plan (ERP) form.
- 25. Every tenant is responsible for his/her medication and contact with their doctors.**
26. If Rizpah's /Blynd Essence manager isn't on site, contact Cleveland Bellard (**Cell # 510 589-5390**). If you are unable to reach Rizpah's/Blynd Essence manager or Cleveland Bellard, call 9-1-1.
27. No transportation is provided by Rizpah's/Blynd Essence Home.

### **Earthquake/Fire/Disasters**

28. In case of earthquake/fire/other natural disasters, tenants will leave the house immediately through the nearest exit. Move away from the house and use a cell phone or neighbor's phone to call 9-1-1.
29. In case of fire, call 9-1-1

### **Pest Prevention**

- 30. Prior to moving belongings into their shared space, all new tenants are required to wash all clothing and other items.**
- 31. Rizpah's/Blynd Essence Home manager will inspect all clothing, bedding and other washable items before tenant is permitted to move into his/her space.**
- 32. If at any point you think you may have bed bugs, notify Rizpah's/Blynd Essence manager or Cleveland Bellard immediately so that they can begin treating the problem.**

### **Professional Conduct and Behavior**

Rizpah's/Blynd Essence Home houses a group of adults living together as a family.

33. Tenants are expected to treat each other like family; with dignity and respect at all times.
34. Abuse and harassment will not be tolerated.
35. No sexual conduct within Rizpah's/Blynd Essence Home.
36. No fighting or abusive language.

### **Rule Violation**

All tenants are expected to follow House Rules while residing at Rizpah's/Blynd Essence Home. A copy of these rules are posted in the dining room for your convenience. Breaking any of the house rules may result in your eviction from Rizpah's/Blynd Essence Home.

### **Grievance/Complaint Procedures**

Grievances and complaints may be brought to Cleveland Bellard either verbally or in writing. Then, Cleveland Bellard will respond to the grievance or complaint within 24 hours. If the issue is still not resolved, Cleveland Bellard will inform tenant of recommended actions.

**I, the undersigned, agree to these house rules and have received a copy for my records.**

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Tenant Signature

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Date