



## **A & S Independent Living House Rules & Guidelines**

Tenant will abide by the following house rules and guidelines. This home is subject to unannounced home visits by ILA staff at any time. By signing these house rules, tenant agrees to allow ILA staff access to all areas of the home. Operator/House Manager is responsible for the enforcement of the following house rules and guidelines:

### **I. Behavior Rules**

- a. There is zero tolerance for violence or aggressive behavior in the home. If you have a grievance, please contact the Operator at (707) 671-2988\_\_\_\_\_ or House Manager at (650)382-3511\_\_\_\_\_.
- b. Cursing and or abusive language is not allowed in or around the premises.
- c. Tenant noise and behavior shall not interfere with other tenants rights, comforts or conveniences.
- d. Tenant their guest(s) shall refrain from activities and conduct outside of the premises which are likely to annoy or disturb other person(s).
- e. Tenant shall not:
  - i. annoy or disturb neighbors and/or their property
  - ii. store or harbor any hazard or combustible material in and around premises
  - iii. steal from others and/or neighboring propert(ies)
  - iv. destroy of property or any contents within
  - v. possess weapons
  - vi. feed stray animals

### **II. Substance Use**

- a. Smoking - No smoking is allowed inside the premises at any time. Smoking may be allowed in designated smoking area only.
- b. Medical Marijuana – Smoking of marijuana is not allowed in or around the premises. However, if you are legally prescribed medical marijuana for treatment, you may use other forms such as ingestible (food) within the home. Prescribed medical marijuana shall not be shared regardless of the circumstances.
- c. Alcohol – No alcohol consumption (use) is allowed in and around the premises.
- d. Illegal or non-prescribed Drugs – All other illegal or non-prescribe drugs and paraphernalia are not allowed for use by tenant and/or visitors in and around the premises.

### **III. Meals**

- a. Meal Times are as follows:
  - i. Breakfast – 7:00 A.M. to 9:00 A.M.
  - ii. Lunch – 12:00 P.M. to 2:00 P.M.
  - iii. Dinner – 5:00 P.M to 7:00 P.M.
- b. Eating is allowed in the dining area only. Storage of food items are not allowed in other areas of the home.
- c. A microwave is available for tenant personal food use.

- d. Tenants are responsible for cleaning eating area after each meal.

#### **IV. Utility Conservation Rules**

- a. All tenants are expected to conserve water and electricity when possible.
- b. Turn off lights during the day when sunlight is available.
- c. Tenants are expected to conserve usage of water when needed.
- d. Ensure all sink and shower faucets are turned off completely after use.

#### **V. Guests/Visitors**

- a. Visiting hours are from 12:00 P.M. - 5:00 P.M. daily.
- b. Tenants are responsible for informing their guest(s) of the house rules.
- c. Guest(s) are only allowed in the common areas of the home. Guests are not allowed in the bedrooms at any time.
- d. Guest(s) are not allowed to share in daily meals, unless otherwise noted. Guest(s) may bring their own food if they would like to eat with the household.
- e. Operator/House Manager reserves the right to disallow visits from guest(s) who are disruptive, abusive, cause interference with any persons in or around the premises or otherwise violated the house rules.

#### **VI. Cleaning/Maintenance of Home**

- a. Cleaning – All tenants are required to participate in the cleaning of the common areas of the home, such as, bathroom, kitchen, living room areas. Please see cleaning schedule for more information.
- b. Rooms – Rooms are to be kept clean, sanitary and free from objectionable odors at all times. Rooms are subject to inspection at any time for health and safety. Tenant shall refrain from leaving personal items in the hallways or other common areas.
- c. Laundry – Please see laundry schedule for scheduled time/day. If tenant is unable to do laundry at scheduled time, tenant may request a different time/day from the Operator/House Manager.
- d. Alterations – Tenant shall not make any alterations or improvements to the premises without the permission of Operator/House Manager.
- e. Repairs – Tenant will notify Operator/House Manager of any items requiring repair, such as light switches or dripping faucets. Tenants shall not make repair to the premises at any time.

#### **VII. Shared Housing Considerations**

- a. Tenants are expected to respect the privacy of roommate and all other tenants residing on the premise. Tenant shall not touch or utilize other tenants personal items without asking permission
- b. Quiet time is from 10:00 P.M. - 6: A.M. \_\_. Electrical devices and conversations should be kept at a reasonable level during quiet hours. Tenants shall use headphones when listening to personal music devices.

- c. Tenants must have permission from Operator/House Manager to hang items on the walls of bedrooms. Offensive items will be denied.
- d. Hoarding of personal items will not be allowed. Tenants must maintain a safe a usable path and use way throughout room for both occupancy. Operator/House Manager may require you to remove or otherwise store item outside of premises (I.e., storage unit) if hording occurs.

**VIII. Tenant Responsibility**

- a. Tenants are responsible for taking and storing of their medications.
- b. Tenants are responsible for scheduling and transporting themselves to all scheduled appointments.

Tenant agrees that Operator may from time to time modify the House Rules and Regulations by delivering or mailing a copy of the modifications to Tenant.

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Signature – Tenant

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Print Name – Tenant

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Date

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Signature – Operator

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Print Name – Operator

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Date