

LIT Sober Living and Transformation Center House Rules

There is zero tolerance for violence or aggressive behavior in the home. If you have a grievance, please contact the Operator at (559) 538-0251.

General House Rules:

1. No smoking inside the home; smoking is only allowed outside in the backyard in the designated smoking area. No smoking in the front yard.
2. No illegal drugs, marijuana, or alcohol in or around home. Tenant cannot store or use drugs (including marijuana) or alcohol on LIT Sober Living and Transformation Center premises.
3. E-cigarette use and vaping are not allowed in the home; e-cigarette use, and vaping are only allowed outside in the backyard in the designated smoking area. No smoking in the front yard.
4. Tenants cannot be excessively drunk or high on property.
5. No stealing or destruction of property.
6. No violence or possession/use of weapons including, but not limited to, guns, knives, or explosives in or around home.
7. Pets are not allowed.
8. Tenant and Tenant's guests shall not:
 - Annoy or disturb neighbors and/or their property;
 - Store or harbor any hazard or combustible material in and around premises;
 - Steal from others and/or neighboring property(ies);
 - Feed stray animals.

Cleaning/Maintenance of Home:

9. Tenants are expected to make up their own bed daily.
10. Tenants are expected to do their laundry weekly following the posted Laundry Schedule. Linens and heavy items cannot be washed at LIT Sober Living and Transformation Center.
11. Tenants are expected to clean up after themselves in all common areas and bathrooms.
12. Tenants are expected to maintain proper hygiene (take showers regularly and brush teeth daily).
13. Tenants are required to recycle/trash by placing items in the labeled bins.
14. Tenants are required to set out front the trash bins for garbage day morning.
15. Tenants must label all personal food items with their name.
16. Tenants can use the stove and oven but must clean after each use. Tenants can use the microwave and toaster oven but must clean after each use.
17. All dishes must be washed after use and placed back in cabinets (do not leave in drying rack).
18. Eating is allowed **only** in the dining room. Tenants are not allowed to eat or drink in common areas or bedrooms.
19. All tenants are required to participate in the cleaning of the common areas of the home, such as bathroom, kitchen, and living room areas.
20. Tenant will notify Operator of any items requiring repair, such as light switches or dripping faucets. Tenant shall not make repair to the premises at any time.
21. Rooms are to be kept clean, sanitary, and free from objectionable odors at all times. Operator / House Manager shall give a 24 hour notice to Tenant of planned work. Tenant shall refrain from leaving personal items in the hallways or other common areas.
22. Tenant shall not remove smoke alarms in the home or rooms. If a smoke alarm is ringing, please evacuate the home and notify the Operator immediately.

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Meals and Food:

23. Label all personal food with your name.
24. All dishes must be washed after use and placed back in cabinets (do not leave in drying rack).
25. Eating is allowed **only** in the dining room or large living room. Eating is not allowed in the bedrooms.

Utility Conservation Rules:

26. All tenants are expected to conserve water and electricity when possible.
27. Turn off lights during the day when sunlight is available.
28. Tenant is expected to conserve usage of water when needed.
29. Ensure all sink and shower faucets are turned off completely after use.

Visitors/Visiting Hours:

30. Tenants are responsible for the actions of their guests.
31. Tenants must clean shared spaces after their guests.
32. Guest visiting hours are from 9am – 6pm.
33. Guests must enter through the front door.
- 34. No overnight guests are permitted.**

Medication Management & Medical Emergencies:

35. In case of an emergency, contact Operator Legger Thompson at (559) 538-0251. If you are unable to reach Legger Thompson, call 9-1-1.
36. No transportation of any kind (doctor or pharmacy) is provided by LIT Sober Living and Transformation Center for the tenant.
37. Each resident will have access to a lockbox for their personal medication and belongings.
38. Medical marijuana is only allowed on the property in an edible form. Tenants that have been prescribed medical marijuana in any other form may not partake on the Premises – they must leave the Premises to administer their necessary dose of medical marijuana. Medical marijuana shall not be shared with other Tenants regardless of the circumstances.

Earthquake/Fire/Natural Disasters:

39. In the case of earthquake/fire/other natural disasters, tenants will leave the house immediately through the nearest exit. Move away from the house and use a cell phone or neighbor's phone to call 9-1-1.
40. In the case of fire, call 9-1-1

Shared Housing Considerations:

41. Tenant is expected to respect the privacy of roommates and all other tenants residing on the Premises. Tenant shall not touch or utilize other tenants' personal items without asking permission.
42. **Quiet time is from 8pm – 9am.** Electrical devices and conversations should be kept at a reasonable level during quiet hours. Tenant shall use headphones when listening to personal music devices.
43. Hoarding of personal items will not be allowed. Tenant must maintain a safe and usable path- and use-way throughout the room. Operator may require you to remove or otherwise store items outside of Premises (i.e., storage unit) if hoarding occurs.

Pest Prevention:

44. Prior to moving belongings into their shared space, all new tenants are required to wash

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all clothing and other items.

45. Operator/manager will inspect all clothing, bedding and other washable items before tenant is permitted to move into their space.
46. If at any point you think you may have bed bugs, notify Operator / Manager or Legger Thompson immediately so that they can begin treating the problem.

Professional Conduct and Behavior:

LIT Sober Living and Transformation Center houses a group of adults living together as a family.

47. Tenants are expected to treat each other like family; with dignity and respect at all times.
48. Abuse and harassment will not be tolerated.
49. No sexual conduct within home.
50. No fighting or abusive language.

Rule Violation:

All tenants are expected to follow the House Rules while residing at LIT Sober Living and Transformation Center. A copy of these rules is posted in the common area for your convenience. Breaking any of the house rules may result in your eviction from this home.

Grievance/Complaint Procedures:

Grievances and complaints may be brought to Legger Thompson either verbally or in writing. Legger Thompson/Operator will respond to the grievance or complaint within 5 business days. If the issue is still not resolved, Legger Thompson/Operator will inform tenant of recommended actions.

I, _____, agree to these house rules and have received a copy for my records.

Tenant Signature

Date

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